

In the Specification, please make the following amendments:

On page 1, after the Title, please insert the following heading and paragraph:

#### CROSS REFERENCE TO RELATED APPLICATIONS

This application is a National Stage of International Application No. PCT/NZ2005/000038, filed March 4, 2005.

Please replace the paragraph on page 5, beginning at line 14 and ending at line 18, with the following paragraph:

According to one aspect of the present invention there is provided a container having an upper portion with an opening into said container, said upper portion having a neck finish adapted to include a moveable seal following the introduction of a heated or heatable liquid into the ~~container,~~, container, said seal being capable of movement within the neck finish to compensate for vacuum forces during cooling of the liquid following sealing of the container.

Please replace the last paragraph on page 5, beginning at line 31 and ending at line 37, with the following paragraph:

According to a further aspect of the invention a method of filling a container with a fluid includes introducing the fluid through an open end of the container so that it, at least substantially, fills the container, heating the fluid before or after its introduction into the container, ~~heating the fluid before or after its introduction into the container,~~ providing a moveable seal for the open end to cover and contain the fluid, said seal being capable of responding to the expansion or contraction of the fluid so as to compensate for pressure in a headspace of the container under the seal following sealing of the container.